

Enrolment No./Seat No \_\_\_\_\_

**GUJARAT TECHNOLOGICAL UNIVERSITY**  
**BE- SEMESTER-VI (NEW) EXAMINATION – WINTER 2024**

**Subject Code:3160003**

**Date:17-12-2024**

**Subject Name:Integrated Personality Development Course**

**Time:02:30 PM TO 05:00 PM**

**Total Marks:70**

**Instructions:**

1. Use only OMR to answer this question paper
  2. All questions are compulsory.
  3. There are 40 questions (in 3 sections) in this question paper
  4. Make suitable assumptions wherever necessary.
  5. Figures to the right indicate full marks.
  6. Simple and non-programmable scientific calculators are allowed.
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**Section A**

*Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.*

**Marks: 10**

1. Seva should be performed with compassion.  
A: True  
B: False
2. A problem well understood is problem half-solved  
A: True  
B: False
3. Being generous can make us happier.  
A: True  
B: False
4. The company we keep has little influence on our development and decisions.  
A: True  
B: False
5. Legends create everlasting impressions.  
A: True

B: False

6. If you are internally strong to fight against any bad thing, then and then you can be a winner.

A: True

B: False

7. By completing the small things sincerely, it encourages you to do the big things better. .

A: True

B: False

8. Only with a sense and a spirit of togetherness, we can mitigate the darkness.

A: True

B: False

9. Forgiveness can release us from the burden of regret and guilt. It can bring peace to our minds.

A: True

B: False

10. Stress is a physical reaction to a mental state.

A: True

B: False

## Section B

*Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.*

**Marks: 30**

11. What would your face look like if you consume alcohol and tobacco regularly?

- a. Very bright and energetic
- b. You'll have smooth skin
- c. Faster ageing, dullness, and deformation
- d. You always look younger than your age

12. Which of the following is NOT an important component of financial planning?
- Using compound interest
  - Investing in an orient fund
  - Calculating your budget
  - Creating an emergency fund
13. Which of these is a trait of a good friend?
- Who feeds you poison
  - Ties you up for fun
  - Asks you to jump in a well with them
  - Stops you from having tobacco
14. According to the Harvard School of Public Health, how much of a portioned plate should be filled with healthy proteins?
- 15%
  - 25%
  - 40%
  - 50%
15. The unprecedented earthquake of \_\_\_\_\_ left \_\_\_\_\_ absolutely shattered, the worst ever disaster, in last 180 years.
- 26th January 2000 , Bhuj
  - 15th August 2000 , Ahemadabad
  - 26th January 2001 , Bhuj
  - 15th August 2001 , Ahemadabad
16. Asking for forgiveness is an act of \_\_\_\_.
- Courage
  - cowardice
  - Foolishness
  - Shyness
17. As per the video lecture of stress management what is reason for the releasing of Cortisol in the human body?
- Do something nice for someone

- b. Acknowledge someone is doing good for us
- c. Remembering these actual kindness of people.
- d. Trying to keep up and confirm to the latest trends

18. What was the reply from the sweeper at NASA when President John F. Kennedy asked him about his job?

- a. "I'm helping put a man on the moon."
- b. "I keep the NASA premises clean."
- c. "There is no significant contribution from me in NASA's success."
- d. "I clean the instruments to be used for NASA's moon mission."

19. Drug addictions can negatively impact which of the following

- a. Health
- b. Wealth
- c. Family
- d. All the above

20. \_\_\_ is to complete a required task or fulfill an obligation, before or at a previously decided time.

- a. Loyalty
- b. Sincerity
- c. Punctuality
- d. Honesty

21. Who supported Mahatma Gandhi as his personal secretary for 25 years?

- a. Vallabhbhai Patel
- b. Vithalbhai Patel
- c. Mahadev Desai
- d. V. P. Menon

22. What was the first thing that Pramukh Swami Maharaj did, after being appointed as the president of BAPS, in 1950?

- a. Take a selfie
- b. Delegate work to people
- c. Wash dishes and utensils

- d. Travel overseas

23. Which of the following does NOT contribute to being a good team player?

- a. Sacrifice
- b. Value each team member
- c. Make sure to claim your credit
- d. Learn to change, change to learn

24. Norgay and Hillary were able to successfully climb Mount Everest. What factor allowed them to do this while their predecessors (previous climbers) could not?

- a. They took permission of the government
- b. They were experienced in mountaineering
- c. They were part of a team that worked selflessly
- d. There was no disappointment in their team

25. According to the statistics presented in the IPDC workbook, how many adult smokers began before the age of 18?

- a. 3/10
- b. 5/10
- c. 7/10
- d. 9/10

### Section C

*Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Read each question carefully before answering. Apply what you have learnt from the IPDC lectures and workbook to choose the best option.*

**Marks: 30**

26. Rajesh has cleared his 12th standard exam with good grades. He is confused about the selection of his degree course. What should Rajesh do?

- a. He should seek some advice in choosing a course that is relevant to his prospective career choice.
- b. He should select the course that is most popular with his friends and other students.

27. Devashish Ghosh, an intelligent youth, had great career prospects. But he became addicted to various drugs. The Defence Ministry found him in possession of drugs and blacklisted him. This ruined his career. How do you think Devashish Ghosh could have avoided this situation?

- a. Devashish should have only used drugs occasionally during his vacation time.
- b. Devashish should not have taken the risk. He should have avoided the use of drugs completely.

28. A charitable NGO is planning on building a school for the local orphans. During the discussion, one volunteer suggests installing air coolers into the school so that the students feel comfortable during the summer. Some other members disagree as it would mean increasing the fundraising target by 5%. What would you suggest?

- a. "It will be worth the extra effort of fundraising so that the students feel more comfortable."
- b. "We should only focus on the basic necessities needed to build the school."

29. Neel's friend encourages him to smoke some cigarettes because he believes that 'there is no harm in trying it once'. Why should Neel decline his friend's offer to smoke?

- a. Smoking is harmful and can become addictive.
- b. Smoking can be an unpleasant experience for beginners.

30. What is the best way to describe the leadership concept 'Leading Without Leading'?

- a. Great leaders should delegate as much work as possible to free up their time for the most important things.
- b. Great leaders can lead through a good example instead of a more commanding nature.

31. Manan is an intelligent college student. But he often gets late to class, and he rarely submits the assignments on time. His professor is new at his role and has not noticed Manan's absences. What should Manan do?

- a. Manan can maintain his lifestyle but should also stay aware such that his grades do not suffer as a result.
- b. He should become more punctual in his attendance and submissions.

32. Every morning Steve Jobs asked himself: "If today was the last day of my life, would I want to do what I am about to do today?" From the following two statements, pick that which you think best explains Jobs' quote.

- a. Jobs wanted to remind himself of what is most important in his life and to continue working in that direction.
- b. Jobs wanted to focus more on achieving short term benefits instead of making long term investments.

33. Avinash stays in a hostel. Raj is his roommate. Raj is very notorious and has a habit of mocking everyone most of the time. After a few months, Raj stopped teasing Avinash. But

Avinash has started to hate Raj because of his nature. He gets disturbed just by looking at Raj. What should Avinash do to feel more positive?

- a. Change rooms and avoid speaking to Raj. That way he cannot ruin his mood.
- b. Try and forgive Raj for his mocking nature. Focus on his positive qualities instead.

34. Anmol has been given the responsibility to lead a new project for an IT company. One of his responsibilities is to hire new people into his team. Which approach do you think is the best to take?

- a. Make a team with less diversity to help avoid conflicts and confusion.
- b. Make a team with more diversity to increase innovation, different perspectives, and greater acceptance.

35. Anjali sleeps for 7 hours a night and wakes up a few hours later on Sunday. However, on Monday mornings, Anjali often feels more tired than usual and finds it harder to concentrate. How do you think Anjali should adjust her sleep pattern so that she does not feel extra tired on Monday mornings?

- a. Anjali should try to sleep extra early on Sunday night so that she feels well-rested on Monday morning.
- b. Anjali should try to keep the same sleep schedule on weekdays and weekends so as not to disturb her body clock.

36. After graduating, Shivani started working as a data scientist for the last 4 years. She has been earning ₹7 lakh rupees every year. Now that her 25th birthday is approaching, she is wondering about the best time to start a retirement fund. What financial plan will allow her to benefit the most?

- a. Start investing into a retirement fund straight away to earn more money through compound interest.
- b. For the next 5-7 years, she should keep her money free so she can spend it. She can then start a retirement fund afterwards.

37. Which attribute of a good team player is emphasised in the quote, "Teamwork: simply stated, it is less me and more we."?

- a. A good team player should be able to sacrifice his personal gains for the success of the team
- b. A good team player should be able to change his personality to fit in with the team.

38. The monsoon season saw some serious flooding. The structure of your house has been significantly damaged because of excessive water exposure. The repair work will cost you ₹5 lakh. How should you go about financing the repair?

- a. Check if your insurance covers water damage, make the necessary insurance claim and withdraw the balance from your emergency fund.
- b. Check if your insurance covers water damage, make the necessary insurance claim and borrow the balance of the money from a bank.

39. What is the closest interpretation of the following quote: "Small things make perfection, but perfection is not a small thing"?

- a. Try to bring perfection into the small tasks of your day-to-day life. Perfection in small tasks drives our life to perfection.
- b. Perfection is very important for your career. Bring perfection into your important tasks as a student or as a professional.

40. "Death teaches about life." Which of the following statements best explains the importance of this quotation?

- a. We should accept that everything has an ending point.
- b. Realizing our life as finite can improve our productivity, clarity, and stability.

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