

GUJARAT TECHNOLOGICAL UNIVERSITY
BE - SEMESTER–VI (NEW) EXAMINATION – SUMMER 2022

Subject Code:3160003

Date:18/06/2022

Subject Name:Integrated Personality Development Course

Time:10:30 AM TO 01:00 PM

Total Marks: 70

Instructions:

1. Attempt all questions.
2. Make suitable assumptions wherever necessary.
3. Figures to the right indicate full marks.
4. Simple and non-programmable scientific calculators are allowed.
5. There are 40 questions (in 3 sections) in this question paper. All questions are compulsory.

Section A

Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.

Marks: 10

1. When you live a life without any direction, you will not move far in any one direction.
A: True
B: False

2. There is no risk of addiction when one is smoking cigarettes occasionally to please one's friends.
A: True
B: False

3. Being generous can make us happier.
A: True
B: False

4. The biggest role of a team member is to take credit for the team's success.
A: True
B: False

5. Legends create everlasting impressions.
A: True
B: False

6. To become value-based citizens, we must learn asset valuation techniques.
A: True
B: False
7. By completing the small things sincerely, it encourages you to do the big things better. .
A: True
B: False
8. Realising our lifespan as finite can allow us to become more productive.
A: True
B: False
9. Forgiveness can release us from the burden of regret and guilt. It can bring peace to our minds.
A: True
B: False
10. The company you keep has the potential to make you or break you.
A: True
B: False

Section B

Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.

Marks: 30

11. What does "S" stand for in the "SMART" method (used to define short-term goals)?
- a. Specific
 - b. Standard
 - c. Superb
 - d. Simple

12. Which of the following is NOT an important component of financial planning?
- a. Using compound interest
 - b. Investing in an orient fund
 - c. Calculating your budget
 - d. Creating an emergency fund
13. How can we create a good environment for ourselves?
- a. by reading good books
 - b. by watching popular shows
 - c. by keeping negative thoughts
 - d. by eating more food
14. According to the Harvard School of Public Health, how much of a portioned plate should be filled with healthy proteins?
- a. 15%
 - b. 25%
 - c. 40%
 - d. 50%
15. 'Mindless web-browsing' best fits into which one of the below categories?
- a. Important & Urgent
 - b. Important but Not Urgent

- c. Not Important but Urgent
- d. Not Important & Not Urgent

16. Asking for forgiveness is an act of ____.

- a. Courage
- b. cowardice
- c. Foolishness
- d. Shyness

17. Which of the following are NOT one of the powerful thoughts explored in the lecture - 'Timeless Wisdom for Daily Life'?

- a. Live every day as if it were your last
- b. Look beyond the body
- c. Whatever happens, happens for the best
- d. When the going gets tough, the tough get going

18. What was the reply from the sweeper at NASA when President John F. Kennedy asked him about his job?

- a. "I'm helping put a man on the moon."
- b. "I keep the NASA premises clean."
- c. "There is no significant contribution from me in NASA's success."
- d. "I clean the instruments to be used for NASA's moon mission."

19. How did Mahadev Desai win the complete trust of Mahatma Gandhi?

- a. By being loyal
- b. By being sincere in his work
- c. By being punctual in all his duties
- d. All of the above

20. _____ is to complete a required task or fulfill an obligation, before or at a previously decided time.

- a. Loyalty
- b. Sincerity
- c. Punctuality
- d. Honesty

21. Pramukh Swami Maharaj reacted to the workers' refusal to continue the construction by doing what?

- a. Lifting tiles
- b. Serving tea
- c. Giving a discourse
- d. Scolding them

22. What was the first thing that Pramukh Swami Maharaj did, after being appointed as the president of BAPS, in 1950?

- a. Take a selfie

- b. Delegate work to people
- c. Wash dishes and utensils
- d. Travel overseas

23. Which of the following does NOT contribute to being a good team player?

- a. Sacrifice
- b. Value each team member
- c. Make sure to claim your credit
- d. Learn to change, change to learn

24. How did Carl Joss, a reporter from the Swiss magazine Sonntagsblick, describe his experience after performing seva in the Gujarat Earthquake relief camp?

- a. "The best birthday gift that anyone could have given me"
- b. "It was a very memorable experience for me"
- c. "Tiring but definitely worthwhile"
- d. "It was hard to see the people suffering"

25. Which of these methods can help an addict overcome the addictions?

- a. Firmly decide to give up
- b. Reject assistance
- c. Deny accountability
- d. All the above

Section C

Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Read each question carefully before answering. Apply what you have learnt from the IPDC lectures and workbook to choose the best option.

Marks: 30

26. Amit is a very bright student. He wants to be an engineer and get an entry in the best company of his field. He has just received admission into the engineering institute that he desired, now what should Amit follow:

- a. Amit should try to settle down into the new atmosphere, observe what others are doing and should follow in their footsteps.
- b. Amit should define some short-term goals that will help get entry into the company of his choice

27. Devashish Ghosh, an intelligent youth, had great career prospects. But he became addicted to various drugs. The Defence Ministry found him in possession of drugs and blacklisted him. This ruined his career. How do you think Devashish Ghosh could have avoided this situation?

- a. Devashish should have only used drugs occasionally during his vacation time.
- b. Devashish should not have taken the risk. He should have avoided the use of drugs completely.

28. A charitable NGO is planning on building a school for the local orphans. During the discussion, one volunteer suggests installing air coolers into the school so that the students feel comfortable during the summer. Some other members disagree as it would mean increasing the fundraising target by 5%. What would you suggest?

- a. "It will be worth the extra effort of fundraising so that the students feel more comfortable."
- b. "We should only focus on the basic necessities needed to build the school."

29. Sanjay is part of a district football team. So far, he has played a crucial role in getting his team to the finals of the state championship. Today, Sanjay has been scheduled to play in the final match, but Sanjay's back has started hurting in a way that affects his performance. Help him decide what advice he should take from the options below.

- a. Do not tell anyone and play the match even with the chance that your performance might get impacted. If you do not play the match, you might not get the recognition you deserve.
- b. Alert your coach about it, even if that means he may not let you play in the match. It is better to do what is best for the team even if it means missing out on a big opportunity.

30. What is the best way to describe the leadership concept 'Leading Without Leading'?
- Great leaders should delegate as much work as possible to free up their time for the most important things.
 - Great leaders can lead through a good example instead of a more commanding nature.
31. Manan is an intelligent college student. But he often gets late to class, and he rarely submits the assignments on time. His professor is new at his role and has not noticed Manan's absences. What should Manan do?
- Manan can maintain his lifestyle but should also stay aware such that his grades do not suffer as a result.
 - He should become more punctual in his attendance and submissions.
32. Every morning Steve Jobs asked himself: "If today was the last day of my life, would I want to do what I am about to do today?" From the following two statements, pick that which you think best explains Jobs' quote.
- Jobs wanted to remind himself of what is most important in his life and to continue working in that direction.
 - Jobs wanted to focus more on achieving short term benefits instead of making long term investments.
33. Avinash stays in a hostel. Raj is his roommate. Raj is very notorious and has a habit of mocking everyone most of the time. After a few months, Raj stopped teasing Avinash. But Avinash has started to hate Raj because of his nature. He gets disturbed just by looking at Raj. What should Avinash do to feel more positive?
- Change rooms and avoid speaking to Raj. That way he cannot ruin his mood.
 - Try and forgive Raj for his mocking nature. Focus on his positive qualities instead.
34. Jatin has important exams approaching in three weeks and is trying to prepare himself accordingly. He is aware that he will need to commit a decent amount of time to study, but he would also like to give some time for exercise. How would you suggest that he balances his time?
- Jatin should schedule at least 30 minutes of exercising every morning before studying.
 - Jatin should commit to exercising only on the days when he finds spare time after completing his studies and other responsibilities.

35. Anjali sleeps for 7 hours a night and wakes up a few hours later on Sunday. However, on Monday mornings, Anjali often feels more tired than usual and finds it harder to concentrate. How do you think Anjali should adjust her sleep pattern so that she does not feel extra tired on Monday mornings?

- a. Anjali should try to sleep extra early on Sunday night so that she feels well-rested on Monday morning.
- b. Anjali should try to keep the same sleep schedule on weekdays and weekends so as not to disturb her body clock.

36. After graduating, Shivani started working as a data scientist for the last 4 years. She has been earning ₹7 lakh rupees every year. Now that her 25th birthday is approaching, she is wondering about the best time to start a retirement fund. What financial plan will allow her to benefit the most?

- a. Start investing into a retirement fund straight away to earn more money through compound interest.
- b. For the next 5-7 years, she should keep her money free so she can spend it. She can then start a retirement fund afterwards.

37. Anil is currently learning to code while also working part-time as an IT consultant. Every morning after studying at home, he has to drive to meet his client at 11 AM. The journey normally takes around 44 minutes. Anil is trying to decide how to fit this journey into his schedule. Which of the following options do you think is more appropriate?

- a. Anil should leave home at 10:15 AM, so as not to potentially waste any time waiting around.
- b. Anil should leave home at 10:05 AM, so as to include buffer time into his schedule.

38. The monsoon season saw some serious flooding. The structure of your house has been significantly damaged because of excessive water exposure. The repair work will cost you ₹5 lakh. How should you go about financing the repair?

- a. Check if your insurance covers water damage, make the necessary insurance claim and withdraw the balance from your emergency fund.
- b. Check if your insurance covers water damage, make the necessary insurance claim and borrow the balance of the money from a bank.

39. What is the closest interpretation of the following quote: "Small things make perfection, but perfection is not a small thing"?

- a. Try to bring perfection into the small tasks of your day-to-day life. Perfection in small tasks drives our life to perfection.
- b. Perfection is very important for your career. Bring perfection into your important tasks as a student or as a professional.

40. What can we learn from the following Alexander-The-Great quote: "Bury my body, do not build any monument, keep my hands outside so that the world knows the person who won the world had nothing in his hands when dying"?

- a. Great people often die unhappy.
- b. Material gain and reputation are not the most important things in life.
