



Swami Adhyatmananda

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Radiant Immortal Divinities!

Most beloved and blessed friends in the spirit.

Happy Yoga Day! May the very spirit of eternity, divinity, mutual love, affection, reverence and harmony with the self, integration and patriotism for our great nation Bharat Varssha be to you.

Of course, Yoga is way of life. But it's very essential that we commence it from the groce and then dive deep in the recess of the heart in its shuttleness to find the pearls of absolute realization.

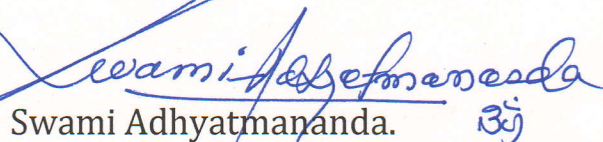
I am simply delighted that our renowned Gujarat Technological University has come forward to club its hand with our humble institute Sivanand Ashram of Divya Jivan sanskrutik Sangh, Ahmedabad to organize Yogasan competition for its students around all four corners of Gujarat those who all come under their umbrella. Congratulations.

Please! Read all instruction carefully. I am sure most of you must be practicing Yogasans. If so, come forward stake the challenge, and prove your greatness as well eternal unfading beauty of the soul.

Though far form you all, I am in Taiwan and organizing grand Yoga event with thousands of my Yoga students who all are performing 108 Surya -Namaskar on this great yoga festivity festival. But my spirit is very much with you all.

My prayers , come all, join this great event and give test of your yogic beautitude. God bless you all.

With ocean deep regards, profound love and prayer for all well.
Thy own self, in the service of humanity,
Sevak,


Swami Adhyatmananda. ॐ

Sri Divya Jivan Sanskrutik Sangh

Sivananda Ashram, Sivananda Marg, Jodhpur Tekari, Ahmedabad - 380 015.

Ph. : 079-26861234 Telefax : 079-26862345 E-mail : sivananda_ashram@yahoo.com

Website : www.divyajivan.org

